



**Gayle Wilson,  
Director, INSPIRE Girls Soccer Camp**

Gayle is a member of the Potomac Girls Varsity Soccer and Strength and Conditioning Staff. She has more than 35 years of coaching and teaching experience. Gayle is a former Women's National Soccer Team member and was a captain and Hermann Award finalist at the University of Virginia. Gayle holds the USSF A Coaching License, the US National Youth License, the NSCAA Level 1 Futsal Certification, and an AFAA Group Fitness Certification.

INSPIRE Girls Soccer Camp is the reintroduction of the popular Girl Power Soccer Camp that Gayle directed for 12 years at Marymount University from 2007-2018. The goal of INSPIRE is to create and nurture a playing and training environment that is FUN and challenging. Our girls are encouraged to take risks and get out of their comfort zone. In addition to the technical and tactical soccer instruction our campers will receive, they will also participate in leadership and team building exercises to promote self-esteem, confidence, and communication. We expect our campers to depart with improved technique, new skills, and a renewed passion and appreciation for participation in team sports.